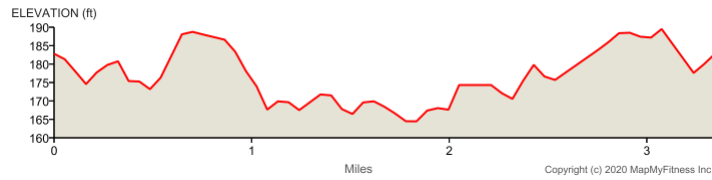
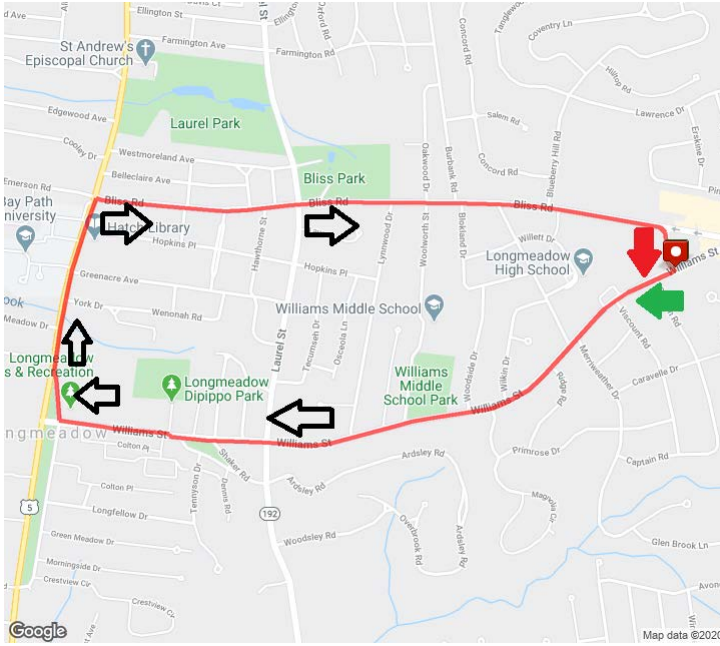


Big Y Start- 3.25 Miles, Williams-LM-Bliss

Distance: 3.35 mi
 Elevation Gain: 39 ft
 Elevation Max: 190 ft



- 0.00 mi** Head DOWN on Williams St toward Captain Rd
- 1.48 mi** Turn right onto Longmeadow St
- 1.59 mi** Turn right on Bliss Rd (*mileage marker may be inaccurate*)
- 1.99 mi** Head east on Bliss Rd toward Cross St
- 3.24 mi** Turn right onto Bliss Ct
- 3.34 mi** End at Big Y