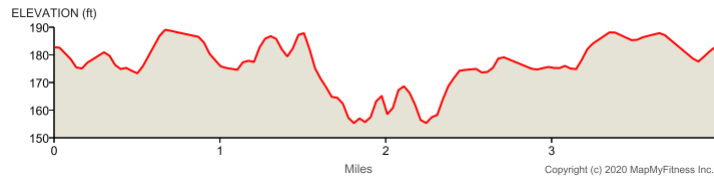


Big Y Start- 4.0 Miles (Ardley)

Distance: 3.99 mi
 Elevation Gain: 61 ft
 Elevation Max: 189 ft



- 0.00 mi** Head southwest on Williams St toward Captain Rd
- 1.02 mi** Turn left onto Laurel St
- 1.03 mi** Head south on Laurel St toward Shaker Rd
- 1.11 mi** Turn left onto Ardsley Rd
- 1.86 mi** Continue onto Overbrook Rd
- 2.05 mi** Turn left on Woodsley Rd toward Shaker Rd
- 2.33 mi** Turn right onto Shaker Rd
- 2.47 mi** Continue onto Laurel St
- 3.09 mi** Turn right onto Bliss Rd
- 3.10 mi** Head east on Bliss Rd toward Lynnwood Dr
- 3.89 mi** Turn right Bliss Ct toward Williams St
- 3.99 mi** End at Big Y